

March 2016

Call 636-3059— 24 hours in advance
Menu subject to change

AMHERST SENIOR SERVICES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Boneless Chicken Breast Seasoned spinach Chef salad Spanish Rice Chocolate Pudding	1 Roast Pork Loin Cranberry Chutney Seasoned Red Potatoes Broccoli, Diced Peaches <u>Alternate lunch</u> Tuna Salad 	2 Baked Rigatoni Meatballs, Tomato Sauce Cauliflower w Parsley Chef Salad Lemon Bavarian	3 Turkey Breast Sandwich With Gravy Mashed Sweet Potatoes Creamed Dill Cabbage Cinnamon Streusel	4 Baked Fish/ Dill Sauce Wild Rice Peas with Onions Warm Spiced Apricots Chocolate Chip Cookies
7 Chicken Stir Fry Peppers & onions Oriental Vegetables Rice Pineapple Juice Orange	8 Beef Patty Mushroom Gravy Mashed Potato Broccoli Butterscotch Pudding	9 Boneless Chicken Breast Stuffing Butternut Squash Peas Fruited Gelatin	10 Cabbage Roll w Meat Sauce Mashed Potatoes Carrots Dinner Roll Spiced Apples	11 St. Joseph Table Lentil Soup . Cheese Pizza Vegetable Omelet . Fish Filet Pasta Marinara . Romaine Salad St. Joseph's Bread Cannoli . Assorted Desserts Assorted Cookies . Coffee & Tea
14 Rotini/Meatball Tomato Sauce Cauliflower Chef Salad Fruited Tapioca	15 Turkey a la King Broccoli, Biscuit Spiced Apples Fruited Gelatin	16 Breaded Chicken Breast Tarragon Gravy Ranch Mashed Potatoes Green Beans Yellow Cake	17 St. Patrick's Day Corned Beef & Cabbage Parslied Potatoes Carrots Lime Sherbet	18 Herb Crusted Tilapia Broccoli Cheese Rice Zuc- chini w diced Tomato Fruit Compote
21 Stuffed Shell/Meatball Tomato Sauce Chef Salad Broccoli Mandarin Oranges	22 Beef Stew Mashed Potatoes Strawberry Bavarian	23 Easter Meal Breaded Pork Chop Stuffing Sweet Potato Green Bean Casserole Co- conut Cream Pie	24 Meatloaf Mushroom Gravy Mashed Potatoes Peas, Corn, Red Pepper Rice Krispie Treat	25 Center Closed Good Friday
28 Dyngus Day Meal Cabbage Roll w Meat Sauce Mashed Potatoes Green Beans Donut	29 Roast Beef w Gravy Scalloped Potatoes Carrots Banana <u>Alternate lunch</u> Antipasto Salad 	30 Baked Fish Coleslaw Broccoli Rice Pilaf Chocolate Pudding	31 Sliced Turkey/Gravy Stuffing Butternut Squash Peas w Pearl Onions Fruited Gelatin	1 Hot Dog on Bun Baked Beans Corn Zucchini & Tomato Tropical Fruit